<table>
<thead>
<tr>
<th>Session 1</th>
<th>Time</th>
<th>Learning Objectives</th>
<th>Presenters</th>
</tr>
</thead>
</table>
| Introduction | 0800  | • Introductions and Welcome  
• Acknowledgement to Country             | Naomi Roder  
Nurse Educator |
| DON welcome | 0815-0900 | • Personal development vs professional development  
• Leadership  
• Values in Action | Andy Carter  
Director of Nursing |
| Heart Failure | 0900-100  | • What is Heart Failure?  
• Management of Heart Failure | Haunnah Rheault  
Heart Failure NP |

**Morning Tea 1000-1015**

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<tr>
<th>Session 2</th>
<th>Time</th>
<th>Learning Objectives</th>
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</table>
| QI Projects | 1015-1115  | • NSQHS standards  
• QI improvement project process | Bernadette Harmer  
Dianne Cunningham  
S & Q Team |
| When rudeness in teams turns deadly | 1115-1145  | • VIDEO TED talk – civility – 15mins  
• Discussion | Dr Chris Turner |
| PDP | 1145-1245  | • How to complete a PDP  
• Resume/Interview skills | Karen Lush  
Nursing Director Education |

**Lunch 1245-1315**

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<th>Session 3</th>
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<tbody>
<tr>
<td>Drama</td>
<td>1315</td>
<td>• Short video First World Problems</td>
<td>Naomi Roder</td>
</tr>
</tbody>
</table>
| Understanding Personality | 1320-1420  | • 16 personalities  
• 20 minute online test  
• Discussion | Naomi Roder  
Nurse Educator |

**Afternoon Tea 1420-1435**

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<thead>
<tr>
<th>Session 4</th>
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</table>
| You can't intention your way to extraordinary! | 1435-1500  | • VIDEO TED TALK – 20 minutes  
• KAHOOT | Bruce Sullivan |
| Staff wellbeing | 1500-1600  | • Mindfulness  
• Self care  
• Managing change | Lisa O’Brien  
Staff Psychologist |

**Evaluation and Close 1600-1630**