“Always remember you are braver than you believe; stronger than you seem; smarter than you think and twice as beautiful as you’ve ever imagined.” Dr Seuss

THIS MONTH

Domestic & Family Violence
National Volunteer Week
INFLUENZA – Special Edition
Understanding the QCAT Process
Allied Health Induction Day
National Palliative Care Week
SHAPE
International Nurses Day
Values in Action: Our Celebrations
Demystifying Research Workshop
MOOC
Learning Opportunities ...

What courses are coming up?
May is
Domestic & Family Violence Prevention Month

There are many resources available to support Domestic and Family Violence Prevention Month:

- Google Search – Domestic and Family Violence Awareness Month
- Or via this website


Domestic & Family Violence Training

The next Clinical Responses to Domestic and Family Violence Training Workshop is being held Tuesday 21 May at North Lakes.

Completion of this training is a requirement for all allied health staff and clinicians working in targeted areas (community child health, paediatrics, alcohol and drug services, Aboriginal and Torres Strait Islander health and multi-cultural health services).

Details:
Clinical Responses to Domestic and Family Violence Training

Date:
Tuesday 21 May 2019

Venue:
North Lakes Health Precinct, Large Meeting Room

Register now at: COH-Education@health.qld.gov.au (note that pre-requisites apply for this workshop)

Time:
12:30pm – 4:30pm (with registration from 12:15)

Introducing ... Lily Obradovic
Advanced Social Worker ...
Community Based Rehab Team

“Be the, Social worker, that I would want to have....” is my personal philosophy that I adhere to, in my professional career. My philosophy incorporates my values and the importance of lifelong learning.

My name is Lily Obradovic, I’m the Advanced Social Worker in Community Based Rehab Team (CBRT). In CBRT I have a really interesting balance of clinical duties, site responsibility and coordination of a small team of capable CBRT Social Workers. I’m predominately based in Redcliffe CHC, however have had the privilege of working across many community and oral health teams as a senior Social Worker, such as Transition Care, Hospital in the Home and Post Acute Care.

When I first commenced as a Social Worker, I learnt that people, went to Social Workers to know something. “Ask a Social Worker, if they don’t know... they’ll know how to find it out”. I guess I’ve endeavoured to maintain my educational learning and impart that knowledge and skill both to my clients and my colleagues. I’ve undertaken a Masters in Social Work in course work. Going back to University after a long break was stimulating, challenging and rewarding. I found I naturally incorporated the learnings into my day to day work. I elected to undertake subjects in Health, Social Work with the Elderly, Management and Supervision.

I co-facilitate the Metro North Hospital & Health & Service Supervision training program within COH. I’ve been fortunate enough to have good quality supervision throughout my career. I know many people dislike experiential activities (including me!) however it really can be the best learning that takes place.

I have spent many years working in Melbourne in tertiary adult and paediatric hospitals in both oncology and critical care. I was fortunate to attend an Oncology Exchange Program in the USA whilst working in the area. It was an incredible experience. I visited multiple oncology centres and hospitals such as The John Hopkins Hospital and also presented at an oncology Social Work conference. I realised that we do things as well as our US counterparts, but are not as good at promoting the great work we do.

“Something you don’t know about Lily”
A dog, child and calf have been named in my honour; I’m a belly dance dropout; and I have had European bees move inside my house for a couple of days, whilst living there.

NOT NOW, NOT EVER
in Queensland
Domestic and Family Violence Prevention Month: 2019

qld.gov.au/notnownotever

Learning4you
Thank-You to Our Volunteers ...

The Community and Oral Health Volunteer Program is strong, sustainable and everyday demonstrates success in enhancing our consumers’ quality of life during their stay within any of our Community and Oral Health facilities.

Our team of volunteers offer their time to provide companionship, encouragement, recreation and social support to our consumers. By recognising the value of the varying volunteer roles within our organisation, it generates an environment with our consumers at the heart of it.

Our volunteers have the same obligations as any employee within the organisation to complete mandatory training components annually. Keeping our volunteer’s knowledge and skills up-to-date is important, especially as our program may support consumers with high-care needs. At a recent volunteer mandatory training day, the program incorporated the legislative requirements as well as professional development awareness training which was presented by guest speakers, such as:

- Dysphagia presented by Speech Therapist
- Consumer Engagement presented by Social Worker

The Community and Oral Health Volunteer Program has developed a successful partnership with St John Ambulance (QLD) who support our program by providing volunteer uniforms. These uniforms help promote a professional image as well as foster team spirit between all volunteers. All new volunteers are onboarded through a recruitment process that is facilitated by Leanne Delaney, Community Connections Officer with the assistance of Community and Oral Health Volunteer Ambassadors.

Community and Oral Health are immensely lucky to have a group of volunteers who are motivated to do something worthwhile and to ‘give back’ to our community while allowing them to feel part of a connected and caring society.

The value of our volunteers is priceless.

The time given by volunteers worldwide is equivalent to 109 million full-time employees.

Australian volunteers contribute an estimated $290 billion to the national economy annually, yielding a 450% return for every dollar invested.

In 2016, Australians collectively volunteered 932 million hours in their local communities.

Over 13,000 Australian volunteers have worked overseas in developing countries since the 1950s through community and government supported programs.

Volunteering plays a vital role in the development of social cohesion and social connection – both of which help alleviate loneliness.

Volunteering provides a pathway to employment through the development of skills, networks and values.

Source: Volunteering Australia
“I don’t get the FLU shot because its contains the FLU”

a) The Influenza vaccination does not contain a live virus. You cannot get the “FLU” from the vaccine. Immunity from the vaccine may take up to 2 weeks. During this time when you are not immune, you may be exposed to the “FLU” as it is the season and therefore, yes, you got the FLU, but not from the vaccination. During this 2 week period it is important to practice good hand hygiene.

b) There are common mild side effects to the vaccination that include a low grade fever, headache, muscle aches and possibly a sniffly nose.

Is it a cold or flu?

<table>
<thead>
<tr>
<th>Signs and Symptoms</th>
<th>Influenza</th>
<th>Cold</th>
</tr>
</thead>
<tbody>
<tr>
<td>Symptom onset</td>
<td>Abrupt</td>
<td>Gradual</td>
</tr>
<tr>
<td>Fever</td>
<td>Usual</td>
<td>Rare</td>
</tr>
<tr>
<td>Aches</td>
<td>Usual</td>
<td>Slight</td>
</tr>
<tr>
<td>Chills</td>
<td>Fairly common</td>
<td>Uncommon</td>
</tr>
<tr>
<td>Fatigue, weakness</td>
<td>Usual</td>
<td>Sometimes</td>
</tr>
<tr>
<td>Sneezing</td>
<td>Sometimes</td>
<td>Common</td>
</tr>
<tr>
<td>Stuffy nose</td>
<td>Sometimes</td>
<td>Common</td>
</tr>
<tr>
<td>Sore throat</td>
<td>Sometimes</td>
<td>Common</td>
</tr>
<tr>
<td>Chest discomfort, cough</td>
<td>Common</td>
<td>Mild to moderate</td>
</tr>
<tr>
<td>Headache</td>
<td>Common</td>
<td>Rare</td>
</tr>
</tbody>
</table>

“I’ve never had the vaccination but I’ve never had the FLU so do I even need it?”

YES you should be vaccinated. The FLU season is increasing in severity each season and new strains are emerging. Any immunity is better than NONE.

“I had the vaccination but got the FLU a few months later”

a) Do you know the difference between a “COLD” and the “FLU”?

A COLD is classified as a runny nose, sore throat, mild cough. You can function and often feel well enough to go to work after a day or two.

The FLU is classified as the above symptoms PLUS a fever (hot & cold/shivering), possible nausea & vomiting, intense muscle aches, headaches, extreme fatigue “cannot move” and lasts for many days like this.

b) If you are diagnosed with the FLU after being appropriately tested it is important to find out the strain. The FLU vaccination only contains four strains and a new strain may have emerged in the current FLU season. Therefore the vaccine has protected you, just not for this new strain.

“I don’t need to get the vaccination, I am healthy”

The FLU does not discriminate and will affect any person regardless of their health status. The only difference is the severity of the impact of the FLU will have on you if you have underlying diseases (e.g Heart or Lung disease) rather than a “healthy” person. The common symptoms will still appear.
THE FACTS

1. Influenza is spread by tiny droplets expelled when coughing, sneezing and talking that land in the mouth or nose of people close by. You can also touch a surface contaminated by these droplets then by touching your face you can pick up the virus.

2. You are considered to be contagious for the first five days after the onset of your symptoms.

3. You should have the vaccination each year as immunity may decrease over time.

4. FLU vaccination is an important preventive tool for people with chronic health conditions, pregnant women and the elderly.

5. Some people cannot have the vaccination due to an allergy and therefore by getting your vaccination, you can protect those who cannot.

Source: [https://www.cdc.gov/flu/index.htm](https://www.cdc.gov/flu/index.htm)

RESOURCES

- The Flu Vaccine – your best shot at stopping the flu (information for consumers) (Australian Government, Department of Health, 2019)
- The Flu – what do I need to know? Myths and facts (Community and Oral Health, 2019)
- Cover Your Cough (MNHHS)
- Nasopharyngeal Swab Instructions Sheet (Community and Oral Health)
- Donning and Removing PPE (Community and Oral Health)
- Respiratory Tract Infection Surveillance Data Form (MNHHS)
- Antimicrobial Resistance and Influenza
- Influenza Vaccines (National Centre for Immunisation, Research and Surveillance)
- Transmission Based Precautions – Procedure
- Signage and Guidelines

Do the dab
Stop the flu!

Properly covering your coughs and sneezes prevents the spread of germs.
How can the Public Guardian help?

Understanding the QCAT application process ...

The interface between The Public Trustee and health

This education session will provide information about the role of the Office of Public Guardian, the role of the Queensland Civil and Administrative Tribunal (QCAT), the process for making an application to the tribunal, and the role of the Public Trustee. The session will be presented by senior representatives from each of the above entities.

When: Tuesday 28th May, 12.30 to 2pm
Where: North Lakes Health Precint
Large Meeting Room  Ground Floor

Video-conference available at:
Brighton Health Campus (conference room)
Available all other sites – book your videoconference as per local Procedures.

ALL STAFF WELCOME
NO BOOKINGS REQUIRED

Enquiries & Videoconference Dial in Details:
COH-Education@health.qld.gov.au  or 3631 7437

Allied Health Induction Day

The Allied Health Induction Day forms part of the orientation process for allied health staff within the Community and Oral Health Directorate.

The induction day program provides content specific to allied health staff and builds on education provided in Day 1 Orientation and Day 2 Clinical Orientation.

Topics covered include HP PDP Processes, NDIS Awareness, Allied Health Student Placement Processes, Sensitive practice principles when engaging with Aboriginal and Torres Strait Islander Peoples experiencing domestic and family violence, Introduction to Training in Delegation Practices and Introduction to Professional Supervision Practice.

2019 Dates:
- Monday 27th May
- Monday 26th August
- Monday 25th November

Venue: Brighton Health Campus
Large Education Room

Bookings: via LMS. Course ID: 0000 6000

Enquiries to:
Christine Saxby, Allied Health Educator:
christine.saxby@health.qld.gov.au
The theme for National Palliative Care Week 2019 is ‘What matters most?’. The theme addresses the need for Australians to plan ahead for their end-of-life care and discuss it with their loved ones and health professionals.

- Being able to feed myself
- Following my cultural, religious or spiritual practices
- Being cared for in the place of my choice
- Having my funeral on country
- Not being a burden on my family
- Not being alone
- Visiting country
- Quality of life over length of life
- Having some ‘me-time’
- Having my pets with me
- Not being connected to machines
- Making amends with someone
- To be involved in deciding my own care
- Giving my loved ones the chance to say goodbye
- Talking about my fears and worries for the end-of-life
- Having a pre-wake with my family and friends before I die
- A quiet space with a few people around me
- To have my pain and symptoms managed
- Being an organ and tissue donor
- Ensuring my family know my end of life wishes
- Receiving all available treatments, even if they make me feel sick
Enrolled Nurse Workshop

A collaborative workshop between COH, Redcliffe and Caboolture.

- Diabetes and Insulins
- Measuring and Improving an EN’s Performance
- LMS and Libguide
- Assessment and Deterioration
- Patient Case Studies
- Practical Activities
- Working Effectively With Students
- True Colours
- 15 Steps

Where: Brighton Campus, Large Education Room
When: 11th June, 0800 to 1630
Bookings: via LMS (Class ID: 0000 9389)
Enquiries: Marianne Piekkala-Fletcher, 3631 7436

SHAPE

SHAPE is a program to promote a proactive safety culture. The program aims to embed safety in everything we do by pulling together information, training and support to empower staff to improve the safety of our work areas, and reduce the risk of workplace injury.

The SHAPE program maintains a focus on staff and patient safety by influencing a positive safety culture through collaboration, visibility, and listening to a ‘real world’ view.

ALL Metro North Hospital Health Service (MNHHS) Staff (all occupations) are required to attend this program (once only). Staff may attend SHAPE at any MNHHS facility. This is a 90-minute interactive program.

For further information: https://qheps.health.qld.gov.au/metronorth/hr/health-safety/safety-culture

No Bookings Required!

<table>
<thead>
<tr>
<th>Date</th>
<th>Time</th>
<th>Session Type</th>
<th>Room</th>
<th>Location</th>
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<tbody>
<tr>
<td>3/05/2019</td>
<td>13:00 - 14:30</td>
<td>All Staff</td>
<td>Large Meeting Room</td>
<td>Halwyn</td>
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<tr>
<td>7/05/2019</td>
<td>14:00 - 15:30</td>
<td>All Staff</td>
<td>Meeting Room</td>
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<tr>
<td>8/05/2019</td>
<td>09:00 - 10:30</td>
<td>All Staff</td>
<td>Blue &amp; Yellow Rooms</td>
<td>Caboolture CHC</td>
</tr>
<tr>
<td>10/05/2019</td>
<td>13:00 - 14:30</td>
<td>All Staff</td>
<td>Large Meeting Room</td>
<td>Halwyn</td>
</tr>
<tr>
<td>13/05/2019</td>
<td>13:00 - 14:30</td>
<td>All Staff</td>
<td>Large Meeting Room</td>
<td>Halwyn</td>
</tr>
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<td>15/05/2019</td>
<td>13:30 - 15:00</td>
<td>All Staff</td>
<td>Education Room, Ground Floor</td>
<td>Brighton</td>
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<tr>
<td>21/05/2019</td>
<td>09:00 - 10:30</td>
<td>All Staff</td>
<td>Blue &amp; Yellow Rooms</td>
<td>Caboolture CHC</td>
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<tr>
<td>22/05/2019</td>
<td>14:45 - 16:15</td>
<td>All Staff</td>
<td>Education Room, Ground Floor</td>
<td>Brighton</td>
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<tr>
<td>30/05/2019</td>
<td>13:30 - 15:00</td>
<td>All Staff</td>
<td>Education Room, Ground Floor</td>
<td>Brighton</td>
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<tr>
<td>10/06/2019</td>
<td>10:30 - 12:00</td>
<td>All Staff</td>
<td>Level 4, Seminar Rooms 1 &amp; 2</td>
<td>UQ Oral Health Building Herston</td>
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If you would like a session organised for your workplace, please request via COH-Education@health.qld.gov.au, including the name & location of your service/s; preferred day/s of the week & preferred time; approx. number of attendees (a minimum of 10 attendees is required).

SHAPE Training Calendar

PATIENT SAFETY & WORKER SAFETY must complement each other.

Book into the SHAPE Safety Culture Training Program today and ensure you’re equipped with the knowledge around potential risks and hazards that affect us all in healthcare environment.

AVAILABLE NOW AT YOUR FACILITY.
International Nurses Day ...

Join the Celebration!

Nurses are a vital access point to 24/7, birth to death, emergency and ongoing care

INVITATION

All staff of Community and Oral Health are invited to celebrate International Nurses Day.

What:
Presentation of the Community & Oral Health, Nursing Excellence Awards

When:
• Friday 10th May
• 10am to 11am

Where:
• Brighton Health Campus: Auditorium

Video-Conference:
• North Lakes: Small Meeting Room, Ground Floor
• All other sites by video-conference: please book your video-conference as per local processes

Morning tea provided at all sites

12 MAY 2019
INTERNATIONAL NURSES DAY
www.icvoiceetolead.com
@ICNurses #voiceetolead #IND2019

International Council of Nurses
VALUES in ACTION:
Integrating our values into the way we celebrate!

Thanks to Col Smyth, Program Coordinator,

Creating a culture of recognising, rewarding and celebrating staff achievements right across Metro North is another important part of the Values in Action initiative. This is not about replacing all the brilliant pre-existing staff reward and recognition programs already in place. This is about integrating our values into those programs so that we can recognise and celebrate the excellent work our team members do under our five values:

- Respect
- Teamwork
- Compassion
- High performance
- Integrity

For the first time, late last year, the Metro North Staff Excellence Awards program included categories of achievement for our values and several individuals and teams were recognised and celebrated for their excellent work in those categories.

Almost everyone everyday across Metro North sees a team member doing something outstanding in the services we provide to our patients - for example:

- Making sure that a new team member is introduced properly to their colleagues and is orientated in a supportive way when they start their new job. (Respect)
- Acknowledging the excellent work of a team member during a team meeting and making sure that everyone’s opinion during that team meeting is listened to. (Teamwork)
- Asking an older person who looks lost if they are OK and need help with directions. (Compassion)
- Making sure their department operates within budget (High Performance)
- Raising their concerns immediately if they believe a patient is about to have something clinically unsafe done to them. (Integrity)

If you see anyone doing these sorts of things, drop it in an email to MNvalues@health.qld.gov.au to make sure that person gets the recognition they deserve for their outstanding efforts. If anyone has any local recognition programs already in place for their teams, and would like some advice on how to integrate our values into those activities, please get in touch using this email address.

The next Values in Action article in Learning4you will be about how we’re integrating our values into a comprehensive Well-Being initiative for our most precious resource in Metro North – our people.
Massive Open Online Courses

These online courses are free, and have no entry requirements: Anyone can participate!

Professional and Personal Development

Future-Proofing the Health Workforce
Find out how to meet the challenges & opportunities that face tomorrow’s healthcare workforce.
- Health workforce: our people are the future
- Health workforce is a global concern
- Clinicians as workforce leaders
- Intergenerational workforce
- Globally mobile workforce
- Innovation & evidence based practice
Griffith University: 2 weeks: 3 hours/week
https://www.futurelearn.com/courses/health-workforce

Ageing Well: Falls
Explore why people fall, discover practical methods to reduce the risk of falling & recognise when to seek expert help.
- Identify falls risk factors
- Recognise factors that could signify serious, but treatable, underlying medical problems
- Learn more about why falls are important
- Discover ways of assessing and reducing the risk of falling
- Recognise when to seek help
- Explore how to prevent falls and injury
- Interact with others who have fallen
- Discuss the important issues falls raise
Newcastle University, UK: 4 weeks: 2 hours/week
https://www.futurelearn.com/courses/falls

Leadership Coaching through Turbulent Times: Playing with eFIRE
Use eFIRE, a coaching mindset and methodology, to make better leadership decisions in the face of a complex and challenging world.

In today’s complex and uncertain world, how can you use coaching and mentoring to untangle messy problems and find solutions that will help you – and your staff – to survive as well as thrive? What strategies can help you to enhance the potentials and overcome the pitfalls of the leader-as-coach?

This online course will show you how to apply eFIRE, a unique coaching model, to increase your impact as a leader, reflect on your experiences and receive peer feedback. You’ll explore a variety of coaching cultures through vignettes and the lens of leaders who are experiencing challenges with staff.

QUT: 3 weeks: 3 hours/week
https://www.futurelearn.com/courses/leadership-coaching

Safer Healthcare for Australia’s First Peoples
Learn how to work in a culturally safe way when caring for Australia’s First Peoples to deliver safer healthcare. An introduction to the five cultural capabilities of:
- Respect
- Communication
- Safety & quality
- Reflection
- Advocacy
Griffith University: 2 weeks: 3 hours/week
https://www.futurelearn.com/courses/first-peoples-safer-healthcare

Caring for Older People: a Partnership Model – Discover practical ways to better support & care for older people
The purpose of this course is to help you better understand and address these challenges by exploring a partnership model of care that aims to build stronger and more beneficial relationships between older people and those who care for them in a variety of care settings.

In this course, we’ll introduce you to the partnership model and provide you with some practical tools and strategies for creating your own care plan:
- ageing from the perspective of older people and those who care for them
- principles of the partnership-centered model of care and how to apply them in a variety of settings
- the benefits of partnership-centered care for older people, their families and healthcare teams
- practical strategies for supporting the needs and preferences of older people in positive, respectful and collaborative ways.
Deakin University: 2 weeks: 3 hours/week
https://www.futurelearn.com/courses/older-people

Learning Theory for Nursing: An Introduction
Understand how learning theory applies to nurse education with this course for nurses and healthcare professionals:
- Principles of learning theory
- The application of learning theory to nurse education
- Learning styles
- Factors that facilitate or hinder learning
- Individual learning needs
- Teaching & learning strategies
Coventry University: 2 weeks: 3 hours/week
https://www.futurelearn.com/courses/learning-theory-for-nursing-an-introduction
### Upcoming Courses

<table>
<thead>
<tr>
<th>Course</th>
<th>Details</th>
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| **Basic Life Support, Adult – Resource Person Course**                 | **When:** 14th May, 8.30am to 12.30pm  
**Where:** Brighton  
**Bookings:** via LMS, Class ID 0000 9495  
This course is for new BLS trainers |
| **Basic Life Support, Adult – Resource Person Update & Assessment**    | **When:** 14th May, 1pm to 2pm (Brighton)  
**Where:** Brighton  
**Bookings:** via LMS, Class ID 0000 9632  
This is a refresher course for current BLS trainers |
| **Professional Supervision Training Workshop**                         | This training is suitable for supervisors and supervisees.  
**When:** 29th May, 8:30 – 4:30  
**Where:** North Lakes, Large Meeting Room  
**Bookings:** at: [https://www.surveymonkey.com/r/K9HTHHP](https://www.surveymonkey.com/r/K9HTHHP) |
| **Continence Management (ALL Clinicians)**                            | **When:** 17th June, 0800-1630 (Brighton)  
**Bookings:** via [COH-Education@health.qld.gov.au](mailto:COH-Education@health.qld.gov.au)  
- Preventing & Managing IAD – Incontinence Associated Dermatitis  
- Person Centred Care around Continence Management  
- Bladder / Bowel Re-Training  
- Back to basics – A & P Urinary Git systems  
- Person Centred Care for Bowel Management for the Elderly Client  
- Incontinence Products Available  
- Person Centred Care for Preserving Dignity & Privacy around Incontinence |
| **Difficult Conversations**                                            | **Date:** 20th June, 0800-1630 (North Lakes)  
**Booking via LMS:** Class ID 0000 9649 |
| **AIN Enhancement Day (HCW’s & AHA’s welcome)**                      | **29th May, 0800-1630 (Brighton)**  
**Bookings:** via LMS: Class ID 0001 0575  
- Professional Practice / Code of Conduct / Adult learning / Career Pathways for the AIN  
- Person Centred Care for clients with Urinary / Supra-Pubic Catheters  
- Preventing & Managing IAD – Incontinence Associated Dermatitis  
- Person Centred Meals Assistance – Safety & Swallow  
- Hand Hygiene / Infection Control  
- Person centred Care for the Prevention / Awareness / Reporting Elder Abuse  
- Person Centred Care for Managing & Maintaining Skin Integrity  
- Navigating QHEPS / Back 2 Basics / LMS / Libguide / Learning 4 U  
- Patient Experiences |
| **Tracheostomy Workshop 20th June, 0800-1630 (Brighton)**              | **Bookings:** via LMS: Class ID 0001 0944  
- Basic anatomy of respiratory system  
- CISS procedure on tracheostomy Management  
- Managing tracheostomy care – The Speech Therapists Role  
- Invasive devices & infection control |
| **Diabetes Awareness (All Clinicians)**                               | **25th June, 0800-1630 (Brighton)**  
**Bookings via LMS:** Class ID 0000 9611  
- Clients navigating Diet & Physical Activity with Diabetes & other Complex Chronic Conditions  
- Oral Medications & Insulin Therapy for Diabetes Management  
- Person Centred Care with Blood Glucose Management  
- Diabetic Foot / Basic Foot Ax  
- Navigating Ax Tools & Referrals to the Diabetes Educator  
- Career Pathway of a Credentialed Diabetes Educator CDE  
- Person Centred Care for Managing Clients with Diabetes in the Community Setting  
- Highs & Low’s |

### PALLIATIVE CARE RESOURCES


### EDUCATION TEAM

**Contact us**  
Ph: 3631 7437  
COH-Education@health.qld.gov.au

**Submissions & Suggestions to:** Karen Lush  
Nursing Director Education

**Catch up on previous editions!**  
Learning4you is available on the COH Education Libguide. Access via our training and education page (QHEPS).