Welcome to Metro North Hospital and Health Service (MNHHS)

Community and Oral Health

Student Orientation 2020
We would like to show our respect and acknowledge the Traditional Custodians of the Land, of Elders past and present and emerging, on which this meeting takes place.

https://www.youtube.com/watch?v=zwB19PARVRc
Community and Oral Health

- Transition Care
- Specialised Aged Care
- Acquired Brain Injury
- Cerebral Palsy Specialist
- Community Care (Hospital in the Home, Post Acute Care, Palliative Care, Specialist wound clinics, Complex Chronic disease team, Diabetes team, Community Transition Care.)
- Indigenous Units.
- Oral Health Services
## Marianne’s Students

<table>
<thead>
<tr>
<th>First name</th>
<th>Last name</th>
<th>Shift &amp; Unit</th>
</tr>
</thead>
<tbody>
<tr>
<td>Davis</td>
<td>Alison</td>
<td>PM AM Cooinda</td>
</tr>
<tr>
<td>Dollin</td>
<td>Sandra</td>
<td>PM AM Cooinda</td>
</tr>
<tr>
<td>Hourigan</td>
<td>Madeline</td>
<td>PM AM Cooinda</td>
</tr>
<tr>
<td>Darby</td>
<td>Benjamin</td>
<td>PM AM Gannet</td>
</tr>
<tr>
<td>Hawe</td>
<td>Sheena</td>
<td>PM AM Gannet</td>
</tr>
<tr>
<td>Marshall</td>
<td>Rikki</td>
<td>PM AM Gannet</td>
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V[2.0] Effective: [01/2020] Review: [01/2023]
Heidi’s Students

<table>
<thead>
<tr>
<th>First name</th>
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<th>Shift &amp; Unit</th>
</tr>
</thead>
<tbody>
<tr>
<td>FLYNN</td>
<td>Isabella</td>
<td>AM PM Gannet</td>
</tr>
<tr>
<td>JOHNSON</td>
<td>Leana</td>
<td>AM PM Gannet</td>
</tr>
<tr>
<td>PLATTEN</td>
<td>Sandra</td>
<td>AM PM Gannet</td>
</tr>
<tr>
<td>SIJAKHWO</td>
<td>Pahar</td>
<td>AM PM Cooinda</td>
</tr>
<tr>
<td>TWALIBANGI</td>
<td>Maureen</td>
<td>AM PM Cooinda</td>
</tr>
</tbody>
</table>
Facilitator phone

Heidi Gatfield  0456 775 622

Marianne Piekkala-Fletcher 0438 209 795
Activity

• What does patient-centred care mean to you?

• What does patient-centred care look like to you?

• How do you put patient-centred care into practice?
LibGuide Link

https://sas.health.qld.libguides.com/COH-education
Community and Oral Health Education: WELCOME!

This guide will assist you to meet your legislative and mandatory training requirements for Community and Oral Health.

- WELCOME!
- All Staff Mandatory (Legislative) Items & Information
- Learning4you Newsletter
- Learning4you Resources (Back to Basics)
- Education Calendar - Courses
- Presentations
- Aboriginal and Torres Strait Islander Cultural Capability Resources
- Extra Mandatory Training for Clinical Staff
- Administration Officers - Tutorials and Training
- AIN’s
- Aged Care
- Allied Health
- Financial Delegation Training
- Home Hospital
- Operational Staff (Food Service & Environmental Service Staff)
- Palliative Care
- Professional Development
- Research
- Videos, TED Talks & Video Links
- Students
- Ergonomics WUT & Staff
- Rehabilitation Resources
- LMS Instructional Videos & Fact Sheets & DI HUB Fact Sheets
- Clinical Skills Refresher
30 Mins Break – Activities to complete

Video

- Video of the relevant campus

Complete

- Please complete the activities from previous slide.

Download

- Download Student Placement Learning Package relevant to your allocated unit
Partnering with patients

Patient-centred is doing with the patient, not to the patient.
The Background:

At a health workshop about patient experiences, a mother who had a child with chronic illness spoke up. She said:

“I can tell what kind of care my daughter is going to get within 15 steps of walking onto a ward”.

First impressions give us our initial feeling about any situation.

• When care recipients and their families first arrive on a ward or facility, does it inspire confidence in the care that they are about to receive?

• Does the ward or facility fill us with confidence in the team we are about to join or work with for this shift?
Whenever you enter one of our clinical areas think

Is It:

• Welcoming?
• Safe?
• Caring and involving?
• Well organised and calm?
Poignant:
Hospitals Don’t Burn Down

You may want to watch this short movie about the dangers of fire in hospitals.

Link is on LibGuide - student tab near the videos of Brighton and Zillmere.

What is the student’s role when the alarms are activated?
Equipment and Infection Control

These pictures show the importance of proper cleaning of patient equipment.

https://www.youtube.com/watch?v=YoDSzt470M&feature=emb_logo
5 Moments of Hand Hygiene

✓ 1 ring only (wedding band no stones)
✓ Fob watch
✓ Sleeves above elbows
✓ Clean short nails

✗ No fit bit
✗ No wrist watches
✗ No fake nails
✗ No nail polish
✗ No sleeves
✗ No jewellery

https://vimeo.com/126777199
Bare Below the Elbows

When should staff be ‘Bare Below the Elbows’?

• Whenever giving direct clinical care or in contact with patient’s environment.
REMEMBER ‘ME’

We care about everyone’s safety and that includes you, our staff. The Minimal Exertion (ME) Approach is about you applying the least amount of force required to perform patient and manual handling activities in the safest possible way.

STOP! Plan, prepare, do and review each and every activity that you perform and don’t forget to remember ME!

The Patient / Object or thing
- What can they do for themselves? / Does it need handling? Can it be decanted or reduced?

The Environment
- Is it free from clutter? Are working heights comfortable? Is the most appropriate equipment available being utilised? Is assistance required?

Yourself
- Select the most appropriate handling technique. Apply good body mechanics. Be aware of your limits.

Do the task
SESSION 2
BREAK TIME – 30 MINS

Watch the Elder Abuse video on Libguide and complete the questionnaire in your Student Placement Learning Package

Watch the Manual Handling video on the Libguide
Adult learning

How adults learn deeply

- How do you like to learn?
- What are your expectations of this placement?
- What are your expectations of your facilitators?
- What are your expectations of your buddy nurse?
- What are our expectations of you as a student nurse?
WIIFM?

• Goals
• What do YOU want out of this placement?
• Communication
• Evidence
• Assessment
• Your books – COH and TAFE
Goals

- Specific
- Measurable
- Achievable
- Relevant
- Time limited

Use your TAFE booklets and the COH student booklets to your advantage
Clinical Handover

• 3 identifiers
• Check the identifiers

AIDET
• Acknowledge
• Introduce
• Duration
• Explanation
• Thank you

SBAR
• Situation
• Background
• Assessment
• Recommendation
1. You are the student nurse working within a busy unit. The RN buddy directs you to attend to all the medications for 6 patients. These medications include restricted Schedule 4 drugs, cytotoxics and insulin.

2. It is the evening shift and you are caring for a patient who is deteriorating. You report your concerns to the RN and she replies ‘That’s ok, I’ll be there after my break. You can handle it!’

3. The medical officer approaches you and asks you to administer some IV morphine to a patient in pain stat.
4. The physiotherapist brings back a patient from the gym and requests that you mobilise the patient to the toilet using a 4 wheelie walker. The patient tells you they have pain 6/10 in their L leg and feel dizzy.

5. The enrolled nurse is administering medications on a busy shift. They ask you to make sure the patient takes their meds as they walk out of the room.

6. There is a patient in your ward who requires the insertion of a urinary catheter. The patient is an elderly male with prostate cancer. Everyone is busy and the patient is uncomfortable due to the retained volume of urine in their bladder. You have never performed this procedure but you are keen to learn.
SESSION 3 ACTIVITIES

1. Complete the session 3 activity found on the Libguide and bring your answers along tomorrow.

2. Make sure you have completed all your pre-placement mandatories and have either a hard copy or digital copy available of your certificates for your facilitator to view tomorrow.

3. Make sure you have your completed answer sheet for the Elder Abuse training (found in your Student Learning Package) for your facilitator to view tomorrow.

4. For the remainder of the day please read through your Student Learning Package and complete any activity you feel will help prepare you for placement.
Building a Cultural Capable Hospital and Health Service

Community and Oral Health

Guest Speaker Horace Nona
COVID-19 is spread through person-to-person contact like other cold and flu illnesses.

The best way to protect yourself against COVID-19 is to:

✓ wash your hands frequently and properly and to use provided alcohol-based hand sanitiser;
✓ refrain from touching your face, eyes, nose and mouth and
✓ keep 1.5m social distancing.

Generally students are not expected to care for COVID-19 confirmed cases, however, if you are required to care for a patient who has suspected or confirmed COVID-19, you must complete a contact log. The staff and facilitator can ensure this happens. It is very important that you follow correct PPE donning and doffing.
COVID 19 Pandemic : Am I safe to come to work?

- If you are well and remained within the State and in Australia in the past 14 days and have not been in contact with a confirmed or suspected case of COVID-19, you should attend your shift as usual.

- If you answer yes to any of these questions, please talk to your facilitator prior to attending orientation or clinical placement.

<table>
<thead>
<tr>
<th>Questions to ask yourself.</th>
<th>Yes</th>
<th>No</th>
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<tbody>
<tr>
<td>Have you travelled overseas or interstate in the past 14 days?</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Have you had contact with a known or possible COVID-19 case?</td>
<td>Yes</td>
<td>No</td>
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Do you have Symptoms?

<table>
<thead>
<tr>
<th></th>
<th>Yes</th>
<th>No</th>
</tr>
</thead>
<tbody>
<tr>
<td>Hot/Cold/Fever/feverish?</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Cough</td>
<td>Yes</td>
<td>No</td>
</tr>
<tr>
<td>Shortness of breath</td>
<td>Yes</td>
<td>No</td>
</tr>
<tr>
<td>Sore throat</td>
<td>Yes</td>
<td>No</td>
</tr>
<tr>
<td>Runny nose</td>
<td>Yes</td>
<td>No</td>
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Corona virus COVID-19 causes illness of varying severity spanning common cold symptoms through to more serious respiratory symptoms. Some people may not be come unwell at all, others may deteriorate very quickly.

We value clinical placements and the role of student nurses in our services, therefore our desire is to keep you informed and safe whilst on placement. We will review our student placements as new information is known. As a result, you may see changes in the clinical placement or routine care modified to adapt to the requirements for safety.

All staff in Metro North are well-prepared to handle COVID-19 across our facilities.
- **Video resource PPE**


  - Correct use of PPE (2.5 minutes)

  - P2/N95 Mask Fit Checking (2.5 minutes)

- **Where should I go for more information?**

  - The Queensland Health website remains a central source of information for all staff members and the public.

FluVax Certificates

• All staff (including students) are to have evidence of fluvax for 2020 prior to caring for the patients and clients in Aged Care Facilities

• Please send a photo/email of your evidence to your facilitator now.

• Heidi Gatfield  Phone: 0456 775 622  Email: Heidi.Gatfield@health.qld.gov.au

• Marianne Piekkala-Fletcher  Phone: 0438 209 795  Email: Marianne.Piekkala-Fletcher@health.qld.gov.au
Thank you!