# Competency Assessment for Paediatric BLS

**Name:** __________________________  **Signature:** __________________________

**Date:** __________________________  **Designation:** __________________________

**Unit:** __________________________  **Payroll No:** __________________________

Annual competency assessment may be completed in the clinical environment during a patient resuscitation or in a simulated situation by the CPR resource person. Based on the BLS ANZCOR resuscitation guidelines.

<table>
<thead>
<tr>
<th>COMPETENCY STANDARD</th>
<th>ACHIEVED</th>
<th>NOT ACHIEVED</th>
</tr>
</thead>
<tbody>
<tr>
<td>Demonstrates knowlde and skills in the principles of Basic Life Support and the use of an Automated External Defibrillator (AED)</td>
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</tbody>
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### D - DANGER
- Assess for danger to self and others (eg. body fluids /water /electricity /fire)

### R – RESPONSE
- Check for signs of life
- Assesses responsiveness to verbal and tactile stimuli (talk & touch)
- Demonstrates application of painful stimuli – trapezoid squeeze

### S – SEND
- Sends for help
- Ensures QAS contacted – as per unit/site guidelines- ISBAR handover

### A – AIRWAY
- Opens airway
  - Neutral in infant; >1yo head tilt, chin lift as per adults
- Inspects and appropriately manages airway secretions and obstructions

### B – BREATHING
- Whilst maintaining airway assesses for normal breathing (look, listen, feel)
- Demonstrates correct bag valve mask placement and usage
- If oxygen available – demonstrates administration of 15L/min

### C – COMMENCE COMPRESSIONS
- *If unresponsive and not breathing normally, commences CPR*
- Demonstrates correct compression technique
  - Lower half of the sternum
  - 1/3 chest depth
  - 100-120 compressions per minute
  - 30 compressions : 2 inflations
- If no bag valve mask available continues compressions only
- Rotates staff through compressions role 2 minutely

### D – DEFIBRILLATION – AED model FR3
- Assesses and manages safety precautions associated with AED
- Identifies correct PAD placement – minimises risk of pad arcing
- Identify paediatric key for paediatric mode
- Follows audible and visual prompts from AED
- Communicates AED directives to team

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**Competent**

**Reassessment Scheduled**

**Assessor’s Name:** __________________________  **Signature:** __________________________