Theory Assessment for Basic Life Support

Name: ___________________________ Signature: ___________________________

Date: ___________________________ Designation: ___________________________

Unit: ___________________________ Payroll No: ___________________________

1. If after analysis the AED says ‘no shock advised’ should CPR be stopped?
   a. Yes
   b. No

2. When available the AED is an essential component of Basic Life Support.
   a. True
   b. False

3. The recommended rate (speed) for compressions is:
   a. 80 compressions per minute
   b. 100-120 compressions per minute
   c. 60 compressions per minute

4. Which of the following actions would you perform to protect yourself and other personnel from shock or burn during emergency defibrillation?
   a. Ensure that all personnel except the rescuer doing chest compressions are clear of the bed during defibrillation
   b. Perform a visual sweep to ensure that all personnel are clear of the bed
   c. Ensure that all personnel except the rescuer delivering the breaths are clear of the bed during defibrillation
   d. Perform a visual sweep to ensure that all personnel are clear of the bed and state ‘stand clear’ loudly to warn of impending shock delivery

5. What is the emergency telephone number for cardiac arrest in the community?
   a. 333
   b. 666
   c. 000 (with 0 first for an outside line)

6. The correct site for performing cardiac compressions is the:
   a. Upper half of the sternum
   b. Middle of the sternum
   c. Lower half of the sternum
7. When changing the person performing chest compressions, which principle should be applied? (there may be more than one correct answer)
   a. Stop without notice
   b. Minimise interruption to chest compressions as much as possible
   c. Never change chest compressors
   d. Give advanced warning when a swap is required

8. Two breaths should be given prior to commencing the first set of compressions.
   a. True
   b. False

9. BLS should continue if the person is unresponsive and not breathing.
   a. True
   b. False

10. What is the initial underlying principle of performing the head tilt chin lift manoeuvre?
    a. To commence breathing
    b. To clear and open the airway
    c. To maintain patient comfort
    d. To facilitate cardiac compressions

11. In the Basic Life Support acronym DRSABCD, the letter S stands for?
    a. Send for the defibrillator
    b. Send for help
    c. Send for the doctor
    d. Send for the nurse

12. Any attempt at resuscitation is better than no attempt at all.
    a. True
    b. False

13. The sternum should be compressed up to:
    a. One-half the depth of the chest
    b. One-quarter the depth of the chest
    c. One-third the depth of the chest

14. The two requirements to commence basic life support are – unresponsive and abnormal breathing.
    a. True
    b. False

15. The ratio of chest compressions is 30:2
    a. True
    b. False

Marking Grade (Pass = 90% or greater correct):____________________________________________________

Assessor’s Name:__________________________ Signature:____________________________________