STOMAS

Acknowledgements to Pat Sinasac
Stomal Therapy Nurse, (Cred)
Gastro Intestinal tract
Types of stomas

Ileostomy
- Small bowel
- Hydration
- Nutrition
- Skin care
- Drainable pouch

Colostomy
- Large bowel
- Nutrition & hydration
- Skin care
- Closed pouch
Other Stomas

• Urostomy
  • Urine diversion
  • Use of small bowel
  • Hydration
  • Risk of infection
  • Skin care & hygiene

• PEG
• Supra pubic
• Trachea
Terminology

Two-piece ostomy pouch (ring/seal)

- Wafer
- Pouch
Types of appliance

- Two-piece appliance with self-locking closure device
- One-piece appliance
- Urostomy pouch with drainable spout
Terminology

<table>
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<tr>
<th>Convex skin barrier</th>
<th>Flat skin barrier</th>
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- Convex skin barrier
- Flat skin barrier
Accessories
Ensuring a good fit and seal
CKN has great videos!

Using Barrier Film Wipes and Sprays. Copyright ©2015, EBSCO Information Services.
Using Barrier Rings, Stoma Paste, or Strip Paste. Copyright ©2015, EBSCO Information Services.
Reportable problems

- Appliance leaking
- Excoriated / sore skin around the stoma
- Constipation / diarrhoea
- Change in size, shape or colour of stoma
- Bulging areas around the stoma
- Not eating or drinking
- Abdominal pain
- Behaviours
- Running low on supplies
Referrals and consults

NUM, CN or RN to make referral to

• CNC Wound and Stomal Therapy