REACH AND TRANSFER TEST (RATT)

1. Can the person reach side to side, reach above head, reach forwards, and return to upright without assistance?
   - Yes
   - No

2. Can the person clear their bottom 5cm off the bed?
   - Yes
   - No

3. Can the person come up to standing position? Walk aid (preferably with brake option) may be used. Standby supervision only
   - Yes
   - No

4. Can the person repeat "come up to standing position" three times with no physical contact to assist? Walk aid (preferably with brake option) may be used
   - Yes
   - No

5. Can the person march on the spot? Walk aid (preferably with brake option) may be used. Standby supervision only
   - Yes
   - No

6. Can the person repeat "march on the spot" three times?
   - Yes
   - No

7. Can the person take one step forward? (Do not walk) Walk aid (preferably with brake option) may be used. Standby supervision only
   - Yes
   - No

8. Can the person take one step backward? (Do not walk) Walk aid (preferably with brake option) may be used. Standby supervision only
   - Yes
   - No

Proceed to transfer only, with no persons assisting. Standby supervision only

Standard 10
Preventing Falls and Harm from Falls

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